



**striving for a better society**

AN INTRODUCTION  
TO  
SUKARYA



# CONTENTS

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<b>1.1</b>	<b>Genesis, aims and objectives</b> .....	<b>4</b>
<b>1.2</b>	<b>Key activities and outreach</b> .....	<b>5</b>
<b>1.3</b>	<b>Sukarya's involvement in women related issues</b> .....	<b>6</b>
<b>1.4</b>	<b>Projects and Activities of Sukarya</b> .....	<b>7</b>
	<ul style="list-style-type: none"><li>• Men as Partners in Improving the health Status of the Rural Communities</li><li>• Better health through Community based health centre</li><li>• Women empowerment by strengthening self help group and micro enterprise development</li><li>• Women's Income Generation Group - Spice Making Project</li><li>• Improving Reach and Access of RCH and FP services with Quality of Care KIRAN</li><li>• Area Selection and Rational</li><li>• Recently Completed Grassroots Intervention Projects</li><li>• Reduction in the prevalence of Anemia - an important factor of maternal mortality &amp; morbidity</li><li>• Promoting Rural Health by Health Promotion Camps</li><li>• SHOBHA - A step towards self reliance</li><li>• Saath Saath Project</li><li>• Kishori Shakti Yojna</li></ul>	
<b>1.5</b>	<b>Peri Urban Initiative</b> .....	<b>18</b>
	<ul style="list-style-type: none"><li>• Pahal project in Saraswati Kunj Slums Gurgaon supported by Concern India Foundation and the Bird Group and Hughes Systique</li><li>• Reaching to the urban slums by Sukarya Sehat Centre</li><li>• Physiotherapy Unit - An alternative Treatment</li><li>• Recently Completed Projects</li><li>• Generalized and Specialized Medical Camps and Health Mela</li><li>• Cleanliness Drive</li><li>• Advocacy/Outreach Campaigns</li></ul>	
<b>1.6</b>	<b>Corporates Sukarya has worked with</b> .....	<b>24</b>
<b>1.7</b>	<b>Funding Agencies Sukarya has worked with</b> .....	<b>24</b>
<b>1.8</b>	<b>Organizations Sukarya has worked with</b> .....	<b>25</b>



A handwritten signature in black ink that reads "Meera Satpathy".

Meera Satpathy  
Chairperson, Sukarya

## MESSAGE

Dear Friends,

The focus of Sukarya's work as a non-government development organization has been on improving the health status of the urban and rural poor especially in certain districts of Haryana; where gender and social concerns impacting on women's accessibility to economic and social resources are far more glaring. Sukarya's motto 'Better health-better society' has guided its health related programs in communities. However over the years, the vision of Sukarya and along with it, its area of operation have evolved from curative programs focusing on direct health benefits to subsume preventive health and advocacy initiatives that are equally critical in impacting health outcomes.

In all its effort, the aim of Sukarya has been to reach the un-reached, marginalized and most vulnerable sections of society. In a society characterized by widespread social, economic, and gender inequalities, and a society with inequitable distribution of development, there exists a disparity in access to resources. Sukarya has therefore been particularly focusing on concerns of women and children who remain disadvantaged and to whom 'health' remains elusive because of broader socio-cultural and economic factors. The high infant and maternal morbidity and mortality rate is a clear development indicator that proves the low health status of women and children in our country despite some strident development in other areas.

With this holistic perspective in mind the focus of Sukarya's activities has been to strengthen the physical, emotional well-being of women. Sukarya has also been focusing on promoting and sensitizing communities on Primary Health Care, Reproductive Child Health and Family Planning. Promotion and strengthening of self help group of women and providing support for entrepreneurship activities is one of the key programmatic interventions of Sukarya to ensure women's economic self-reliance. Informal education program for women and children (school drop-outs) is another significant area of work to capacitate communities and ensure their well-being.

I feel privileged to share this brochure, which is a humble attempt to share some of these major concerns and areas of work of Sukarya with other stakeholder groups. The brochure also provides an overview of our work especially in the area of healthcare, income generation and education of weaker sections of society.

The challenges ahead are immense. However, Sukarya remains hopeful, to continue working and expanding its outreach, towards inclusive development where women, children and other marginalized and deprived sections of society are able to enjoy basic inalienable rights. Sukarya, therefore would like to work in partnership with other like minded, concerned organizations who would be willing to lend support to the cause of women's development and help Sukarya in its endeavour to make women's health a reality and building a better society.

## 1.1 Genesis, aims and objectives

Sukarya is a non-government development organization working on issues affecting the urban and rural poor in Haryana, with a special focus on health, since 1999. It was formally registered in 2001. For the past 10 years, we have been working in the urban slums of Gurgaon and have also made inroads into rural development in the state of Haryana. With a humble start in 1999, Sukarya has seen a continuous growth in staff, beneficiaries and fields. We have a rare combination of volunteers with spiritual and emotional commitment and knowledgeable professionals.

Our vision is in achieving sound health for the poorest sections of the society, especially women, adolescents and children by not just providing access to health care but empowering them to create a healthy society through promotion of efficacious and affordable methods of disease prevention. We particularly seek to empower the women and children for '**Behtar Swasthya Behtar Samaj**'.

Sukarya aims to achieve sound health for the poorest section of the society, especially women, adolescents and children by not just providing access to health care but empowering them to create a healthy society through promotion of efficacious and affordable methods of disease prevention. It was established with the following objectives:

- To advocate, encourage and guide positive 'health-seeking behaviour' with special emphasis on physical, mental and social well-being.
- To improve the maternal and child health through training, awareness campaigns, workshops, and health related education.

- To advocate, promote and sensitize communities on Primary Health Care, Reproductive Child Health and Family Planning.
- To empower women by strengthening their physical and emotional well-being and economic security.
- To initiate and implement social and community development activities in the field of healthcare, income generation for women as well as education for the weaker sections of society.
- To provide humanitarian assistance to areas affected by natural calamities such as cyclones, earthquakes and floods.

## 1.2 Key activities and outreach

Sukarya's initial work focused on providing free health services to the poor by organising health camps that focused on diagnostic services, referral services and distribution of medicines in slums and villages of Delhi and Haryana. Subsequently, upon its expansion, Sukarya has been actively undertaking various advocacy based, curative and preventive health projects in collaboration with the Population Foundation of India. The IEC campaigns of Sukarya focuses on nutrition, hygiene, sanitation and reproductive health to improve the general health status in the rural areas and urban slums of Haryana. Additionally, Sukarya also provides humanitarian assistance in times of natural calamities. The current activities of Sukarya are focused on five key areas:

1. Health Care
2. Women Empowerment
3. Promoting Entrepreneurship
4. Life Skills
5. Relief Work (Natural Calamities)

The outreach of Sukarya largely covers Delhi, Haryana and to some extent adjacent districts of Rajasthan. In Haryana, its activities are mainly covered Gurgaon and Mewat districts. However, for relief-work in events of natural calamities, it has also worked on locations like, Jagatsinghpur and Paradeep districts of Orissa during cyclone in 1999, Khoru and Morvi village of Sundenagar district of Gujarat during earthquake in 2001 and district of Kanchipuram and Pudhunadukuppam in Tamil Nadu during Tsunami in 2004.

### 1.3 Sukarya's involvement in women related issues

Women have always been the focal point of all the activities undertaken by Sukarya so far. The health-care programmes, which have been the mainstay of Sukarya's activities, have always kept women as the primary target. They are the main beneficiaries of the various health related interventions of Sukarya, such as, mobile health diagnostic clinic, anaemia detection, prevention and eradication campaign, health centres, physiotherapy unit, generalized and specialized medical camps, health melas, and vaccination drives.

Understanding the importance of economic independence (self-reliance) of women towards the larger goal of women empowerment, Sukarya has initiated several projects of skill development through vocational trainings (like beautician course, spices processing etc.) for women in the villages to enable them to earn some income for themselves and their families by using their skills.

The programme of imparting life skills is exclusively targeting women, given their vulnerable position in the society. The objective of this programme is to develop understanding about self and environment,

interpersonal skills, problem solving, decision making, handling emotions and stress management (mental health) among women. An important component of the package is education on 'reproductive health' that covers the issues like sexual health, marriage, family planning, parenthood and other related aspects. Sukarya also undertook advocacy campaign through the medium of street play to sensitize parents and local communities about women's rights, gender discrimination and its consequences.

Educating girl child has also been focus of Sukarya's intervention in education. It has also assisted government in implementing Integrated Child Development Services (ICDS) in rural Gurgaon, where it targets school drop-out girls in the age group of 11-18 years and attempts to meet their nutrition, health, education, recreational and skill development needs.

## 1.4 Projects and Activities of Sukarya

- a. Grassroots Intervention
- b. Peri Urban Intervention

### Grassroots Intervention

- a. Ongoing Projects
- b. Recently Completed Projects

### Ongoing Grassroots Intervention Projects

- A. Men as Partners in Improving the health Status of the Rural Communities, this project is supported by Concern India Foundation and The Bird Group, Delhi.

- B. Better health through Community based health centre, this project is supported by Charities Aid Foundation and Incentive Destination, Gurgaon.
- C. Women empowerment by strengthening self help group and micro enterprise development, this project is supported by Charities Aid Foundation and Godfrey Phillips India Limited, Delhi.
- D. Improving Reach and Access of RCH and FP services with Quality of Care in partnership with Population Foundation of India (PFI), Delhi.

### **Men as Partners in Improving the health Status of the Rural Communities (supported by Concern India Foundation and The Bird Group, Delhi)**

Under the community health program, Sukarya is implementing a project in the most backward and the deprived district of Haryana, Mewat. Mewat is the land of the Meos, who have their genesis in the Meo tribals, who are basically an agriculture based society. The area has a distinct ethnic and socio-cultural tract. Historically, the region has had



an extremely turbulent history and has been subjected to repeated invasions. The destruction and devastation over the centuries has resulted in backwardness and gross underdevelopment both in the area and its people. Sukarya initiated its work in Mewat District from June 2008.

Our project objectives focus on male partnership and participation in improving the overall health status of rural communities. It has been seen that

Haryana has a male dominated society, where most of the decisions are taken by men. Involving men in health-specially reproductive and sexual health- in such settings is complicated and demands long-term commitment. Yet, the rewards can be profound. The potential benefits of male involvement include expanded rights for women, improved family health, better communication between partners and informed joint decision making within households.

This project aims to reach a population of 29000 in 13 villages of Tauro Block of Mewat District. The project is supported by The Bird Group, Delhi. The thrust of the project focuses on health education and awareness. Male health groups will play a key role and will provide platform for health education to identify health issues and problems and to take actions at the ground level for seeking health products and services. The project will facilitate easy, accessible and affordable health products and services to the community through camps, mobile clinics, provision of medicines and diagnostic facilities and most importantly refer serious cases to private and government hospitals.

### **Better health through Community based health centre (supported by Charities Aid Foundation and Incentive Destination)**

A number of programs have been initiated by policy makers in India since its independence to bring about positive change in the health of the citizens of India. A huge amount of money has been spent to provide quality health services to the rural population of the country. However, there is still a large proportion of rural population that is deprived of it. For instance



Bandhwari, a village with a population of 5000, which falls on the Gurgaon-Faridabad highway, 18 kms from Gurgaon, has residents who were entirely dependent on quacks for primary health services. There was no clinic or dispensary in the village. Even the transport facilities in the village are very poor. Taking these facts into consideration, Sukarya started a small but important joint venture in the village with the support of CAF and Incentive Destinations.

The goal of the Project was to increase awareness and improve in the overall health of the gram panchayat of Bandhwari. In order to achieve the goal in a perfect manner, we worked with a well planned strategy. A health centre was established for the people of Bandhwari, with an M.B.B.S doctor and a medical dispenser, active five days in a week. To strengthen community participation, four community health workers were selected from the village itself. These health workers played a vital role in bringing needy people to the health centre and in conducting the follow-up of these patients. To address the issues related to women's health, visits by a female specialist doctor were scheduled twice in a month. Further, IEC material is also being developed to generate awareness related to health and sanitation.

### **Women empowerment by strengthening self help group and micro enterprise development (supported by Charities Aid Foundation and Godfrey Phillips India Limited)**

Keeping the larger objectives of economic self-reliance of women in view, in the year 2004, Sukarya set-up a spices processing centre at its office in order to assist poor women in generating additional income for their household, by utilizing their skills in the production of spices, pickles and chutney through traditional methods that

minimise the loss of nutritional value, aroma and taste. To upscale the initiative to extend the benefits to a large number of poor women in its operational areas by organising them in Self-Help Groups (SHGs), in January 2008, Sukarya launched a project titled “Empowerment of Rural Women through SHGs and Entrepreneurship Building” with the financial assistance from Godfrey Phillips India, New Delhi. The objective of the project was to form and strengthen SHGs by inculcating habit of savings and enforcing credit discipline and to provide vocational training on spice making to the women members of SHGs to provide them an avenue of income generation. The target areas were Bandhwari, Waliawas and Gwalpahari villages of Gurgaon district in Haryana.



### **Women’s Income Generation Group - Spice Making Project (By Sukarya)**

Started in 2004, this is a modest step towards assisting women of marginalized communities in generating additional income for meeting their household needs, by utilizing their skills in the production of unadulterated spices, pickles and chutney. Sukarya provides women with space, capital investment, and other required resources for grinding fresh spices (including Besan, Dhania, Haldi, Chilly, Jira, Curry powder,



Garam Masala) and packaging them. They are given wages for their labour. The money received from the sale of the spices is used to keep the Project running. The Project has benefited several women of Wazirabad and Kanhai villages. Apart from production of spices we have also expanded our range of products to include Papad, Achar and Chutney so that we can involve and reach more families through this work.

## **Improving Reach and Access of RCH and FP services with Quality of Care KIRAN (Knowledge based Intervention for Reproductive health Advocacy and action) in partnership with Population Foundation of India (PFI), Delhi**

### **Background**

Mewat district was carved out from erstwhile Gurgaon and Faridabad districts, which came into existence on 4th April 2005 as the 20th district of Haryana. The newly constituted district comprises of three sub-divisions namely Nuh, Ferozpur Jhirka and Hathin. The district headquarter is located at Nuh. The district comprises of six blocks namely Nuh, Tauru, Nagina, Ferozpur Jhirka, Punhana and Hathin. There are 532 villages in the district.

According to the Census of India 2001, the total population of Mewat district is 9, 93,617. Majority of the population 95.36% lives in rural areas. The Male: Female sex ratio in Mewat is only 894 females to each 1000 male as against the national average of 927 females per 1000 males. Infant mortality rate and maternal mortality rate in Mewat is not available, but considering the poor health facilities, large family size and the adverse sex ratio, it can be safely assumed that it is high. The literacy rate in Mewat is appallingly low, particularly in case of females. For Muslim women in Mewat, the literacy rate ranges 1.76%

to 2.13%, the lowest in the country. The literacy rate for men also falls below the National average and ranges 27% to 33%.

## Area Selection and Rational

The selection of Mewat district was done keeping in mind the socio-demographically backward districts in the country which are priority areas for implementing the Reproductive and Child health interventions. Mewat has its genesis in its tribal inhabitants, the Meo tribals. Meos is a Muslim dominated community with distinct ethnic and socio-cultural characteristics. It has a large family size of 5-10 members per household. The females have very poor status in the family. Men are the decision makers and pose a great resistance to change, especially health seeking behaviour. For selection of the intervention block, the six blocks of Mewat district were ranked on the basis of a Composite Index which included four indicators: female literacy, gender disparity in literacy, child sex ratio and proportion of population 0-6years. Touru emerged as the most backward block whereas Nuh block (ranked 3rd) also emerged as a needy area related to access of reproductive health services. The selection of the villages was done in consultation with government officials.

The project is a joint initiative by Population Foundation of India and Sukarya. It is being implemented across 29 villages of Tauru (12 villages) and Nuh (17 villages) block of Mewat District of Haryana, covering approx 70, 000 population. Duration of the project is 3 years (2009 - 2012).



## Recently Completed Grassroots Intervention Projects

- A. Reduction in the prevalence of Anaemia - an important factor of maternal mortality and morbidity. This project was supported by Population Foundation of India (PFI), Delhi
- B. Promoting Rural Health by Health Promotional Camps, supported by Give India and The Bird Group
- C. SHOBHA - A step towards self reliance supported by Charities Aid Foundation and Godfrey Phillips India Limited, Delhi
- D. Saath Saath Project - supported by Charities Aid Foundation and Godfrey Phillips India Limited, Delhi
- E. Kishori Shakti Yojna - By Sukarya

## Reduction in the prevalence of Anemia - an important factor of maternal mortality and morbidity [supported by Population Foundation of India (PFI), Delhi]



Under the reproductive child health program, Sukarya is implemented a pilot project to reduce the prevalence of anaemia among pregnant women, lactating mothers and adolescents. The project reached 30000 people in 10 villages of Gurgaon district in Haryana. It was initiated in May 2006 and its projected duration was for 3 years. The project focus primarily was on behavior change communication to effectively motivate the target group and high risk people. This was done by promotion of knowledge, by encouraging the adoption of

healthy practices and the provision of needed health products and services at the community level for anaemia reduction. This project was supported by the Population Foundation of India, New Delhi.

### **Promoting Rural Health by Health Promotion Camps (supported by Give India and The Bird Group)**

Sukarya implemented a project titled “Delivering Health Services by a Mobile Diagnostic Clinic” in six villages of the Pataudi block from April 2007 to May, 2008. This was the first intervention where Sukarya has initiated the mobile clinic services in the rural areas of Haryana. Before the intervention of the project, meetings were conducted with District commissioner, District Development and Panchayat officer and Chief Medical Officer to seek their support and guidance for implementing this project.

It was a conscious decision taken by Sukarya to work in the Pataudi Block. It was the first mobile clinic intervention with Sukarya’s initiative, without any support from donors. After visiting the villages in Patuadi Block and conducting a few group discussions with stakeholders, six villages were short listed for the implementation of the project.



## **SHOBHA - A step towards self reliance supported by Charities Aid Foundation and Godfrey Phillips India Limited, Delhi**



Project Shobha was an extension of the “Saath Saath project” implemented by Sukarya. The objective of this project was to enable the skill development of girls and women in the villages by providing a vocational beautician training course. The training course was being conducted in the village Ghata, of Gurgaon. The duration of the course was for 4 months and the technical skill was being provided by a recognized and experienced professional of this field. The training aimed to build confidence and make them self-reliant.

Sukarya plans to extend it to the other villages of Gurgaon for the skill development of adolescent girls.

## **Saath Saath Project (supported by Charities Aid Foundation & Godfrey Phillips India Limited, Delhi)**



This Project aimed to empower and enhance the overall status of adolescent girls and young women. The objective was to impart life skills through learning about self, environment, interpersonal skills, problem solving, decision making and handling of emotions and stress management (mental health). “An important component of the Project was education on ‘reproductive

health' and covered issues like sexual health, marriage, family planning, parenthood and related aspects. Sukarya recruited and trained "peer" or "community educators" who spread the message to the larger community. In its first phase, the Project has benefited 300 adolescent girls from Tighra, Ghata and Samaspur village.

### **Kishori Shakti Yojna (supported by Sukarya)**

Sukarya was given the opportunity to assist Integrated Child Development Services (ICDS) in rural Gurgaon to implement the schemes of Government of India, in 2004 - 06. The Program targets school drop-out girls in the age group of 11-18 years and attempts to meet their nutrition, health, education, literacy, recreational and skill development needs. With the assistance of the Anganwadi workers, the focal point of ICDS services and other ICDS functionaries, Sukarya was successful in catering to approximately 300 adolescent non- school going girls of villages Tighra and Ghata.



## 1.5 Peri Urban Initiative

- a. Ongoing Projects
- b. Recently Completed Projects

### Ongoing Projects

- A. Pahal project in Saraswati Kunj Slums Gurgaon supported by Concern India Foundation and the Bird Group and Hughes Systique
- B. Reaching to the urban slums by Sukarya Sehat Centre
- C. Physiotherapy Unit - An alternative Treatment

### Pahal project in Saraswati Kunj Slums Gurgaon (supported by Concern India Foundation and The Bird Group and Hughes Systique)

Pahal project provides health services to the rag pickers, migratory workers, rickshaw pullers, fruit/vegetable hawkers, domestic help, etc, that constitute the population living in the Saraswati Kunj slums

in Gurgaon, Haryana. Monthly health check up of children focuses on health check up by doctor which includes growth monitoring of every child (height and weight), free distribution of medicines, de worming all children, follow up of the target children and their families and referring serious cases to hospitals. Children are also counseled about personal health, hygiene and nutrition.



Comprehensive health camps are organized across the intervention areas, covering preventive, curative and referral services. The camp provides free consultancy and check-ups by doctors, and also free medicines. These camps also serve the purpose of advocating healthy practices through workshops, presentations and informal discussions. Health education to women, school children and men on nutrition, personal health and hygiene, community sanitation, safe deliveries and immunization by talk shows, documentary films, leaflets and pamphlet distribution in the community are also part of the camp.

One to one meeting is conducted regularly through household visits with special focus on pregnant, lactating mothers and adolescents. This process of individual meeting is an effective method of creating an understanding about the health issues, immunization and general awareness about Anaemia.

### **Reaching to the urban slums by Sukarya Sehat Centre (supported by Sukarya)**

Gurgaon has become a symbol of urban development during the last decade and has led to an increase in the peri urban region. Peri-urban is often referred to as being the rural fringe areas that surround cities and that bear the brunt of urban expansion. Slums in Gurgaon are uniformly characterized by inadequate provision of basic infrastructure and public services necessary to sustain health, such as water, sanitation, and drainage. These people



have no financial resources to receive even basic health care facilities. “Better health-better society“is the one line statement of Sukarya. So, in order to strengthen its statement, the Sukarya Sehat Centre was inaugurated in 2005 in Sukarya’s premises at Sushant lok.

Since then, the Sehat Centre has been doing exemplary work and is well known for its service to poor and needy people. Sukarya is providing basic health care facilities through the sehat centre, including check-up, diagnosis and free medicine. Referrals are also provided for specialized treatment as and when required. The occasion is also used for advocacy measures and hence interactive workshops, informative presentations by doctors and a range of simple messages for better health. Individual counseling of people on one to one basis is also done about healthy practices, hygiene etc. Health card is maintained for each family.



### **Physiotherapy Unit - An Alternative Treatment (supported by Sukarya)**

The Physiotherapy Unit was started on 15 August, 2005, and operates in the premises of Sukarya. The unit caters to 200 patients from rural and urban areas per month on average. It has been functioning successfully for the last three years. The unit is open five days a week from 9.30 am to 5.30 pm. We have a well motivated team that consists of development professionals, a physiotherapist, volunteers and a support staff who execute their tasks in an efficient manner. We serve almost 200 patients in a

month. We use our organization's vehicle to bring marginalized people into the physiotherapy center. Our main target is the people residing in the slums of Gurgaon. Neemtala, Nalapur, Saraswati Kunj, Sector-56 and Phase - V are the chief beneficiaries. Our main focus is on the women who remain work continuously through the day domestic help, at farms as labourers and at home. They suffer from various problems such as back pain, cervical and body pain. The ignorance of these problems may lead to serious ailments such as a disc prolapse or spondylolisthesis.

## Recently Completed Projects

- Generalized and Specialized Medical Camps and Health Mela
- Cleanliness Drive
- Advocacy/Outreach Campaigns

## Generalized and Specialized Medical Camps and Health Mela

Sukarya organizes comprehensive health care camps and specialized medical camps in urban slums and rural villages in Gurgaon regularly to help the poor access free health care services including medical check-up, diagnosis and referral services. Sukarya has organized diabetes detection camp, heart care camps, mental health camps, eye camp, multi-specialty treatment camp and health check up camps for pregnant and lactating women. These camps also serve the purpose of advocating healthy practices through workshops, presentations



and informal discussions. The camps are conducted by doctors from the South Delhi Medical Association. Sukarya caters to 500 patients on an average in each camp.

For the year 2008-09, 10 General Health Camps and 10 follow-up camps were held in the following villages- Ghata, Tighra, Samaspur, Wazirabad, Kanhai, Silokhra, Sainikahera, Bandhwari, Gwalpahari and Waliawas. The main objective of the health camp was to provide free health check up for all men, women and children and catered to 100 patients on an average. The major health problems that emerged during the camps were occurrence of Typhoid, Diarrhoea, skin diseases, Anaemia, under nutrition, Respiratory Tract infections, Tuberculosis and Reproductive tract infections.



### **Cleanliness Drive (supported by Sukarya)**

Sukarya initiated a cleanliness drive in the slum of DLF Phase-V in 2004. The objective was to educate and motivate the slum dwellers to keep their vicinity clean for preventing recurrent outbreaks of diseases like malaria, cholera, TB , dengue. We regularly educate the slum dwellers on the importance and ways of maintaining hygiene and sanitation.

### **Advocacy/Outreach Campaigns (supported by Sukarya)**

Advocacy campaign is a crucial aspect in our effort to promote good health. Sukarya pursues aggressive IEC campaigns for all its major Projects. Audio-visual mediums like street plays, workshops, printed materials,

music, painting competition, documentaries are used to conduct the advocacy drive. Street theatre has proved to be an extremely useful medium for disseminating information and knowledge to an essentially illiterate and uninformed audience.

In 2006, under the Anaemia Intervention Campaign, street plays were performed in all the 10 Project villages by a theatre group from the NGO, Deepalaya. The main objective of the street play was to create awareness on Anaemia among the community with a special focus on the target group i.e. the pregnant women, lactating mothers and the adolescent girls.



In 2008 Sukarya undertook an advocacy campaign through the medium of street play titled 'Hamari Bitiya' to sensitize parents and community about women's rights, gender discrimination and its consequences. An impact assessment was undertaken through another play called "Aaj Ki Adalat" to assess changes in perception, knowledge and attitude of the community elders.

In the year 2008-09 Sukarya produced a film Jab Jago Tab Savera under the advocacy campaign for "The Reduction in the prevalence of Anaemia - An important factor of Maternal mortality and morbidity", facilitated the broadcast of the message for the reduction of Anaemia in many districts of Haryana through 92.7 FM Channel. Sukarya also published a number of IEC materials out which "Prabhavshali Vyanjan Vidhian"- Iron rich recipe book was popular and well accepted by the community.

## 1.6 Corporates Sukarya has worked with

- Godfrey Phillips India Ltd
- Incentive Destinations, Gurgaon
- Amadeus, Delhi
- Bird Group, Delhi
- RDM, Gurgaon
- BPCL, Mumbai
- HPCL, Mumbai
- Gujrat Ambuja Cement Ltd., Delhi
- Maruti Suzuki India Limited
- HCL Infosystems Limited
- Hughes Systique, Gurgaon
- Maruti Udyog Limited, Gurgaon
- TATA, Mumbai
- IDFC Management Company, Mumbai
- Kusmunda Coal Transport Pvt. Ltd., Delhi
- Yo China, Delhi
- Osram India Pvt. Ltd., Gurgaon
- IDFC management Company, Mumbai
- Logwell Forge Limited, Gurgaon
- Shadows, Delhi

## 1.7 Funding Agencies Sukarya has worked with

- Population Foundation of India, Delhi
- Charities Aid Foundation, India, Delhi
- Concern India Foundation, Delhi
- Give India, Mumbai
- IGEP Foundation, Gurgaon

## 1.8 Organizations Sukarya has worked with

- National Institute of Public Cooperation and Child Development (NIPCCD) New Delhi
- Integrated Child Development Services (ICDS), Government of India
- Mamta Health Institute for Mother and Child, New Delhi
- Chetana, New Delhi,
- Prayatana, NGO New Delhi
- Deepalaya NGO, New Delhi
- South Delhi Medical Association
- Gurgaon Medical Association
- Delhi Psychiatric Society
- Escorts Heart Care Centre
- Sir Ganga Ram Health Care Centre
- Arya Vaidya Sala Kottakkal, Delhi
- Banarsidas Chandiwala Institute of Medical Sciences Centre for Diabeted and Life Style Diseases
- Arya Vaidya Sala Kottakkal, Delhi
- Bapu Nature Cure Hospital & Yogashram, Delhi
- Dr. Behl Skin Institute, Delhi
- Dr. Shroff's Eye Hospital, Delhi
- Fortis Flt. Lt Dhall Hospital, Delhi
- Max Healthcare, Delhi
- Neel Kanth Hospital Gurgaon
- Pushpanjali Hospital, Gurgaon
- Pushpawati Singhanian Research Institute, Delhi
- Rockland Hospital, Delhi
- Sitaram Bhartia Institute of Science & Research, Delhi
- Sir Ganga Ram Hospital, Delhi
- Umkal Hospital, Gurgaon



**Head Office:**

P-20, (First Floor), South Extension Part-II, New Delhi - 110049 India  
Telephone: +91 11 26264192 Telefax: +91 11 26264193  
E-mail: [sukarya@sukarya.org](mailto:sukarya@sukarya.org), [help@sukarya.org](mailto:help@sukarya.org)

**Office:**

Near Paras Hospital and Shallom Hills International School  
Block E, Sushant Lok Phase I, Gurgaon - 122002 Haryana, India  
Tel: +91 124 4114251, 4043538